



ROTARY YOUTH EXCHANGE

FINLAND

District 1410

<http://www.ryefinland.com>

SUMMER CAMP IN PORI, FINLAND 2009

- NAME:** International Adventure and First Aid Camp
- WHERE:** Pori (240 km north-west from Helsinki, 110 km west from Tampere)
- WHEN:** July 26th – Aug 9th, 2009
Family Period, July 26th - Aug 1st
Camp Period, Aug 2nd - Aug 9th
- ARRIVAL:** Tampere (Pirkkala) Airport , July 26th
- DEPARTURE:** Tampere (Pirkkala) Airport, Aug 9th
- PARTICIPANTS:** 8 boys and 8 girls, together max. 16 participants from EEMA countries
- AGE:** 16 - 20 years
- PROGRAMME:** The camp consists of two parts. The participants will spend the first week together with their host families to get an idea of the Finnish way of living. The second week all will stay together on the camp center studying first aid on Basic First Aid Course by Finnish Red Cross. You will receive First Aid Certificate which includes the European First Aid Certificate (EFAC).
During the second week the accommodation will be in shared 4 person rooms; girls and boys separated. The camp is located 34 km from Pori centre in a beautiful place by the sea. There is a great opportunity to have some adventure experiences in the forest and on the sea canoeing. The island where we stay is near by the beautiful sand dunes of Yyteri, where we can play e.g. frisbee, golf, beach volley or football. During the Finnish summer nights there is sunlight almost whole night. We will enjoy camp fire by the sea in the evenings. Camp language is English.
- EQUIPMENT:** Your personal medication and suitable clothing. The daytime temperature is normally between 15 – 25 degrees Celsius. Water temperature is around 20 C°. Take your swimming suite with you. In the evenings participants can go swimming and try the Finnish sauna. Most of the activities happen outdoors despite the weather, so prepare suitable clothes from sunshine to rain!
- COSTS:** Participants pay their own detour costs to Tampere, Finland and shall have their own pocket money.
- INSURANCE:** Participants must have a valid insurance policy for accidents and sickness.
- MORE INFORMATION:**
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