



ROTARY INTERNATIONAL
YOUTH EXCHANGE – MULTIDISTRICT NORWAY
District 2280



Invitation to Roundtrip Norway 2009
INDUSTRY, NATURE AND CULTURE
From August 7st to August 20th

District 2280 Norway Round Trip no 5

Sponsoring clubs Frei Rotary Club, Molde East Rotary Club, Sunndal Rotary Club, Fosna Rotary Club,

Area: The Northwestern Coast of Norway, in the towns of Kristiansund and Molde and the neighbourhood communities.

Arrival/Departure: Kvernberget Airport Kristiansund (NB- not Kristiansand!)

Number of participants: 12

Participant's age: 18-22 years

Tour language: English

Activities: Mountain walking, City walking in Kristiansund and Molde, boat trips, learning about the industry in the area, social events, Rotary club meetings.

Accommodations: Will be provided by the 4 sponsoring Rotary clubs.

Participant's costs: Travel expenses to and from Kristiansund and pocket money.

Clothes: Casual and sports wear, warm clothes as well as summer clothes.

Other equipments: Raincoat/rain suite, proper walking boots

Insurance: Against illness, accident and third party damage according to Rotary rules.

Application in triplicate to John Akselberg
Kleivadalen 15
NO-5261 INDRE ARNA NORWAY

not later than May 10th

ROUND-TRIPS Norway –
John Akselberg Kleivadalen 15 NO-5261 INDRE ARNA NORWAY
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e-mail: john@netborne.no

Preliminary program:

Frei Rotary Club

Arrival at Kvernberget Airport of Kristiansund; Welcoming; Fishing; Visiting the place Rastarkalv from the Viking age; Short mountain walking on the Mountain of Kvernberget; visit in the Kvalvik “fortress” from the 2nd World War; Transfer to Molde through the subsea tunnel.

Molde East Rotary Club

Club Meeting in Molde East Rotary Club; Mountain walking to the mountain of Varden; boat trip to Hjertøya; visiting the mountain cave of Trollkyrkja (The trolls’ Church”); Visiting the Oskar Sylte Mineral Water Factory. Transfer by cars through a landscape of fjords and mountains to Sunndalsøra.

Sunndal Rotary Club:

Barbeque; Visit in the huge aluminium factory of Hydro Aluminium; 1-2 hours walk to the beautiful valley of Innerdalen. Transfer by cars to Kristiansund

Fosna Rotary Club:

Club meeting in Fosna Rotary Club, visit in the Kr.sund Opera House, boat trip to the island of Grip; learning about the offshore industry by visiting the Petro Centre and the Vestbase; Departure from Kvernberget Airport.

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