



ROTARY YOUTH EXCHANGE

POLAND

District 2230

SHORT TERM EXCHANGE PROGRAM

SUMMER CAMP IN PUŁAWY, POLAND 2009

- NAME:** "Puławy – Wild-nature / Countryside" Camp
- WHERE:** Puławy area (130 km South-East from Warsaw)
- WHEN:** August 2 – August 16, 2009 Family Period, August 2 – August 9
Camp Period, August 9 – August 16
- ARRIVAL:** Train or Bus Station in Puławy (e.g. via Warsaw Airport), August, 2
- DEPARTURE:** Participants will be transported to Warsaw (e.g. via Warsaw Airport), August, 16
- PARTICIPANTS:** 12 boys and girls, with a good knowledge of English
- AGE:** 16 - 19 years
- PROGRAMME:** The camp consists of two parts. The participants will arrive at their host families in City of Puławy on the 2nd of August. From the 2nd to 9th of August you will get to know Puławy and the nearby towns (Lublin, Kazimierz, Nałęczów). You will take part in a two-day canoeing trip on Vistula river, spending the night in tents on the river banks.
On the 9th of August you will travel to Parczew (110 km North from Puławy), to spend a week in nearby "Stajnia Makoszka". During the countryside week you will do every day horse riding, stable service and also walking or bike riding across the fresh forests. You will also have excursion to The Poleski National Park and visit some museums. Some evenings you will have camp-fire meetings. On the 15th we will have a close up event. The campers will return home from Puławy on the 16th of August.
- COSTS:** The Participation Fee is 100 € to be paid just after arrival to Puławy. The participants will also have to cover their travel costs to Puławy and back home. Be prepared to have some pocket money.
- INSURANCE:** Participants must have a valid travel insurance and also for stay in Poland insurance.
- APPLICATION FORMS:** Must be sent in DUPLICATE to the following address by May 31st, 2009 at the latest. Please note that the number of participants is limited and the acceptance will be on a "first come – first served" basis.

SEND ALL APPLICATIONS TO:

Rtn Krzysztof Kopycinski

SJO KONTAKT

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