



Rotary International



Experience Switzerland and Liechtenstein by Bike!

Date	Saturday 25th July till Saturday 8th August 2009
Host country/district	District 2000 Switzerland and Liechtenstein (Eastern part of Switzerland)
Applications	Till 30 th April 2009 New STEP Application Form (respective parts) in DUPPLICATE to be sent to: Rotary Youth Exchange Bleicheweg 6 / P.O. Box 45 CH-5605 Dottikon Tel. +41 56 426 50 58 Fax +41 56 426 79 91 office@rotary.swiss.yep.ch
Aim of camp	In the eastern part of Switzerland and in Liechtenstein 2 weeks tour by bike with a mixed program consisting of cycling , a cultural/historical program at each lap and experiencing international friendship.
Participants	Max. 21 participants from each country 1-2 males or females. More than 21 invitations will be sent out. The first 21 applicants will be accepted. Important: No beginners should apply; however, the bikers need not to be "professionals"!
Age	19 – 24
Language	English
Lodging	Youth hostels or modest accommodation
Costs	Travel costs to and from the camp, compulsory Rotary International basic Insurance of CHF 40/EUR 30, and hire of bike CHF 300/EUR 200, if necessary, has to be paid cash on arrival to the camp by the participant, (maximum costs CHF 340 or EUR 230). All other costs for the whole camp are otherwise sponsored by the organising clubs and district.
Program	Daily laps between 50 and 70 km up and down in the pre-alpine and alpine area with hills and passes, including some days of rest. Primarily biking, but also cultural programs with local Rotary Clubs. The camp is basically a <u>non-smoking</u> camp (participants will be advised when smoking is permitted!)
Itinerary	Winterthur – St. Gall – Appenzell – Liechtenstein – Chur – Bad Ragaz – Lake of Zurich – Altdorf – Zurich
Insurance	All participants will be insured at their costs by the organiser against illness, Accident, third part damages and all other risks according to Rotary International recommendations (see above 'costs')
Clothing and Equipment/ Further Information	The applicants who are accepted by the organisers will receive a detailed list of clothing and equipment suggestions as well as a detailed tour-program, list of participants and a "questionnaire". If possible participants bring their own mountain-bike (no city or racing bikes!); otherwise hired bikes are put at disposal (see costs!).
Arrival	On Saturday afternoon 25 th July at Zurich-Airport (Kloten) or Zurich Railway Main station. Arrival not later than 17.00 h! Pickups: Zurich Airport and Zurich Railway Main station.